




CJHS CHEER FOOTBALL SCHEDULE

August

sunday	Monday	Tuesday	wednesday	THURSDAY	FRIDAY	saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13 3:30-4:45	14 3:30-4:30 <u>PRACTICE THEME:</u> Goodbye Summer	15 3:30-4:45	16 3:30-4:45 FIRST DAY OF SCHOOL	17 3:30-4:30 STUNTING DAY	18
19	20 3:30-4:45	21 3:30-4:45 <u>PRACTICE THEME:</u> WILD about our Tigers	22 3:30-4:45	23 3:30-4:45 Motion Master 	24 3:30-4:30 STUNTING DAY	25 Jr. High Blue/White Scrimmage @ high school 8am
26	27 3:30-4:45	28 3:30-4:45 <u>PRACTICE THEME:</u> Twinsies	29 3:30-4:45	30 3:30-4:45 Spirit Queen 	31 3:30-4:30 OPTIONAL OR MAKE-UP PRACTICE	

WEAR UNIFORM, BOW, CHEER SHOES, WHITE NO SHOW SOCKS, AND BLUE SPANDEX TO EVERY GAME.

WEAR HAIR UP AND OUT OF YOUR FACE.

PLEASE REMEMBER TO EAT PROPERLY AND DRINK LOTS OF WATER ON GAME DAYS.

COACH'S INFORMATION:

Kayla Fultz

fultzk@carthagetigers.org

417.793.8679

Contact times are before 9pm.

Feel free to call, text, or email me with any questions or concerns!

ALL parents and cheerleaders should be signed up to get Remind messages!

Here's how to sign up: Send a text to **81010** with the message **@cjhchee**

Or send a blank email to **cjhchee@mail.remind.com** to receive emails instead



CJHS CHEER FOOTBALL SCHEDULE

September

sunday	Monday	Tuesday	wednesday	THURSDAY	Friday	saturday
						1
2	3 No School	4 GAME DAY 7th v. Neosho Meet 4:45p.m. Mot: K.B, M.R	5 3:30-4:45	6 GAME DAY 8th v. Neosho Meet 4:45p.m. Mot: J.R, M.B	7	8
9	10 3:30-4:45	11 GAME DAY 7th v. Republic Meet 4:45p.m. Mot: R.H, D.S	12	13 3:30-4:30 STUNTING DAY	14	15
16	17	18 3:30-4:45	19	20 3:30-4:30 STUNTING DAY	21	22
23	24	25 3:30-4:45	26 3:30-4:45	27 GAME DAY 8th v. Nixa Meet 4:45p.m. Mot: K.A, C.M	28	29

WEAR UNIFORM, BOW, CHEER SHOES, WHITE NO SHOW SOCKS, AND BLUE SPANDEX TO EVERY GAME.

WEAR HAIR UP AND OUT OF YOUR FACE.

PLEASE REMEMBER TO EAT PROPERLY AND DRINK LOTS OF WATER ON GAME DAYS.

COACH'S INFORMATION:

Kayla Fultz

fultzk@carthagetigers.org

417.793.8679

Contact times are before 9pm.

Feel free to call, text, or email me with any questions or concerns!

ALL parents and cheerleaders should be signed up to get Remind messages!

Here's how to sign up: Send a text to **81010** with the message **@cjhchee**
Or send a blank email to **cjhchee@mail.remind.com** to receive emails instead



CJHS CHEER FOOTBALL SCHEDULE

October

sunday	Monday	Tuesday	wednesday	THURSDAY	FRIDAY	saturday
30	1 No School	2 3:30-4:45	3	4 3:30-4:30 STUNTING DAY	5	6
7	8 3:30-4:45	9 GAME DAY 7th v. Webb Meet 4:45p.m. Mot. K.S, M.S	10	11 GAME DAY 8th v. Webb Meet 4:45p.m. Mot. A.G, J.H	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

WEAR UNIFORM, BOW, CHEER SHOES, WHITE NO SHOW SOCKS, AND BLUE SPANDEX TO EVERY GAME.

WEAR HAIR UP AND OUT OF YOUR FACE.

PLEASE REMEMBER TO EAT PROPERLY AND DRINK LOTS OF WATER ON GAME DAYS.

COACH'S INFORMATION:

Kayla Fultz

fultzk@carthagetigers.org

417.793.8679

Contact times are before 9pm.

Feel free to call, text, or email me with any questions or concerns!

ALL parents and cheerleaders should be signed up to get Remind messages!

Here's how to sign up: Send a text to **81010** with the message **@cjhchee**
Or send a blank email to **cjhchee@mail.remind.com** to receive emails instead